

Thursday 11th June

Dear parents and carers,

As a part of your child's education at Boston West Academy, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education and Relationships and Sex Education (RSE) programme. Our RSE policy, can be found on the Boston West Academy website.

PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

We are writing to let you know that, over the next few weeks, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme.

Lessons in year 6 will include pupils learning about:

- **Physical health and mental wellbeing:** affects to mental health; managing change; managing time online
- **Keeping safe:** Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media
- **Growing and changing:** *human reproduction and birth*; body changes including changes during puberty; increasing independence; managing transitions; becoming more independent

If you would **not** like your child to participate in sex education, within the growing and changing unit of RSE (as seen in italics above), you have the right to withdraw your child. Please complete the following link to request to **withdraw** your child from the sex education aspect of RSE by **Friday 26th June**: <https://forms.office.com/e/dm7mKv1psh>

Please note, you cannot withdraw your child from the health aspect of RSE, which includes the changes during puberty, as this is statutory to the PSHE and RSE curriculum.

If you do not return a withdrawal form, it will mean that your child will take part in sex education, within the growing and changing unit of RSE. If you have any questions or would like to talk further about these lessons and resources we use, please contact a member of the year 6 team.

Yours sincerely,

The year 6 team

